













HEART ATTACK?

CARDIAC ARREST?

 <p>CRUSHING CHEST PAIN SHORTNESS OF BREATH SWEATING</p>	<p>THE VICTIM STOPS BREATHING AND CANNOT RESPOND</p> 
 <p>CAN BE SUDDEN, BUT ALSO CAN BUILD OVER MINUTES TO HOURS.</p>	<p>VICTIM BECOMES UNCONSCIOUS ALMOST IMMEDIATELY</p> 
<p>IS CAUSED BY A BLOCK IN THE CORONARY ARTERIES, USUALLY A BLOOD CLOT</p> 	<p>CAUSED BY AN ELECTRICAL MALFUNCTION THE HEART STOPS BEATING OR QUIVERS LIKE A JELLY</p> 
<p>IF NOT ALLERGIC HAVE THE VICTIM CHEW AN ASPIRIN</p> <p>IF THE PERSON HAS AN OXYGEN TANK TURN IT ON AND TURN IT UP.</p> 	<p>BEGIN CHEST COMPRESSIONS AS SOON AS POSSIBLE</p> <p>IF YOU ARE ON YOUR OWN CONTINUE UNTIL THE AMBULANCE ARRIVES</p> 
<p>TRY TO KEEP THE PERSON CALM UNTIL HELP ARRIVES</p> 	 <p>999 CALL HANDLER WILL DIRECT YOU TO THE NEAREST AVAILABLE COMMUNITY DEFIB IF SOMEONE IS WITH YOU TO COLLECT</p>